



MEN SIZE GUIDE

SIZE GUIDE

HOW TO MEASURE

Not sure which size you should select? Here's a guide to help you find the ideal fit.
Are you thinking of sizing up or down? By all accounts, our garments fit true to size.

Take your body measurements and check out the chart below to see what size bracket you are in.
For example, if your chest circumference is 97cm, we recommend that you select size M.



Chest

Lift your arms slightly and measure around your body, crossing over the fullest part of your chest.

Waist

Measure around your waist at the narrowest point.

Hips

Stand with your heels together and measure around the fullest part of your hips.

CM

	CHEST	WAIST	HIP
XS	84-89	70-75	83-88
S	90-95	76-81	89-94
M	96-101	82-87	95-100
L	102-107	88-93	101-106
XL	108-113	94-99	107-112
XXL	114-120	100-106	113-119



WOMEN SIZE GUIDE

SIZE GUIDE

HOW TO MEASURE

Not sure which size you should select? Here's a guide to help you find the ideal fit.
Are you thinking of sizing up or down? By all accounts, our garments fit true to size.

Take your body measurements and check out the chart below to see what size bracket you are in.
For example, if your chest circumference is 97cm, we recommend that you select size L.



Chest

Lift your arms slightly and measure around your body, crossing over the fullest part of your chest.

Waist

Measure around your waist at the narrowest point.

Hips

Stand with your heels together and measure around the fullest part of your hips.

CM

	CHEST	WAIST	HIP
XS	76-81	62-67	84-89
S	82-87	68-73	90-95
M	88-93	74-79	96-101
L	94-99	80-85	102-107
XL	100-106	86-92	108-114